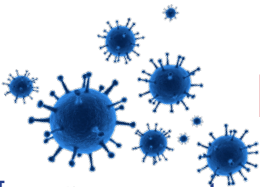


EXAMINER

ILSM



Pausing the exit from the Roadmap to Reopen

In response to evolving data around the **Delta variant** and based on the recent experiences of other jurisdictions, the government, in consultation with Ontario's Chief Medical Officer of Health, is pausing the exit from the Roadmap to Reopen. Please visit <https://www.ontario.ca/page/reopening-ontario> for details.

ILSM.ca

2021 FEE ON US!

Membership



We want to hear from you!

<https://www.ilsm.ca/survey>

As an important contributor to the organization, ILSM staff and board are excited to hear your perspective on their work right now, and your declarations of a future that they could begin to work toward!

NEED FOOD/CLOTHES?



If you need a little extra assistance, please remember that ILSM has food and clothing available. Just call the centre and let us know and we will do our very best to help!

MEMBERS AND VOLUNTEERS WANTED



Are you interested in helping an amazing charity? Are you looking to learn more about keeping yourself independent? Check out our website at <https://www.ilsm.ca>.

Thank You

Anne Jeffkins began her connection with ILSM as a student doing her preceptorship with us. Since then Anne has been a staunch supporter and advocate of people with disabilities. Recently Anne joined our Board and through that is ensuring that ILSM flourishes! Thank you so much for your continued support!



ILSM SPECIAL PROGRAMMING

PEER SUPPORT

Weekly ILSM offers three types of virtual peer support programming so far. Tuesday's at 11:00 AM. join Angela Gray for some laughter medicine! Thursday at 1:00 PM join our trivia! Fridays at 1:00 PM join Rob DiMeglio!



TALK TUESDAYS
Weekly
11 a.m - 12:30 pm

Independent Living
Sudbury Manitoulin

Dial In : +1 647 558 0588
Meeting ID: 857 5997 8191



Independent Living
Sudbury Manitoulin

Virtual Peer Support Meeting

JOIN US

Every Friday at 1:00 PM

Dial In: +1 647 558 0588
Meeting ID: 856 3057 2166



Independent Living
Sudbury Manitoulin

Every Thursday 1:00 PM

THURSDAY TRIVIAL

hosted by Guy Carriere

Dial In : +1 613-778-5592
PIN: 489 860 720

DF Direct Funding

Self-Managed Attendant
Services in Ontario

LOOKING FOR NEW PARTICIPANTS

DIRECT FUNDING

Direct Funding is an innovative program enabling adults with physical disabilities to become employers of their own attendants. Attendants assist with routine activities of living, such as dressing, grooming, and bathing. As employers, participants are fully responsible for managing their own employees within a budget that is developed on an individual basis.

Different people have different needs. Direct Funding is intended as an option suited to people with physical disabilities who are willing and able to take on the extra management responsibilities (and possible risks) of the program.

Visit www.dfontario.ca or call and speak to Angela Gray our Direct Funding Coordinator today! 705-698-5440.



We are currently offering one-to-one computer training sessions, all the training paths will be specifically customized according to your personal circumstance.

Please don't hesitate to give us a call at (705) 675-2121, or email it@ilsm.ca to book your session today!



While ILSM is closed to visitors we will be offering a weekly virtual Bingo via Google Meet® on Wednesday 2 PM. Watch our Facebook page for the link to this event.

Alternatively, you can dial: +1 778-747-4036
PIN: 755 590 357#

Feeds The Folks

ILSM staff are continuing with the weekly feed the folks event. There are so many homeless folks out there that need our help and we are doing our best to meet some of their needs. Members began this program in February 2020 and during the pandemic you asked us to continue. Well guess what? We did and are still heading out on Wednesdays with a nice hot meal for our homeless friends!



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- ✓ Triple Wall High-grade stainless steel
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ILSM Official

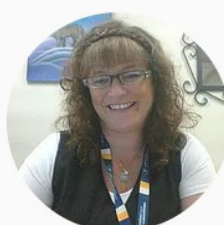


ILSM Facebook

Meet The Team



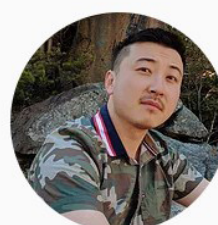
Rob DiMeglio
Executive
Director



Angela Gray
Direct Funding
Coordinator



Robert Cloutier
Logistics Coordinator



Kevin Yu
IT Consultant



Maggie Mew
Direct of
Rodent Control

Granddad comes home from his doctor and, though usually quite active with his grandchildren, seems to make every effort to avoid them to this day. His son notices his dad avoiding the kids and asks him why this is so. Immediately the old man whisks his medicine prescription out of his pocket and hands it to his son. The Grandfather said, "Read that label. That's why!" The son takes the bottle and reads, "Take two pills a day. KEEP AWAY FROM CHILDREN." Little Mary, aged six, was in the back garden of her Limerick home, filling in a hole when her neighbour peered over the fence. In his friendly way, he asked: "What are you up to, Mary?" "My goldfish died," replied Mary tearfully, without looking up, "and I've just buried him." The neighbour said, "That's an awfully big hole for a goldfish, isn't it?" Mary patted down the last heap of earth and replied, "That's because he's inside your cat."

Q: What insect is musical?

A: A humbug.

Q: What do you call a cow who works for a gardener?

A: A lawn moo-er.

Q: What do you call it when your Hummer gets into an accident?

A: A Humdinger.

Q: If H₂O is inside of a fire hydrant what do you find on the outside?

A: K₉P.

Q: What sits at the bottom of the sea and shakes?

A: A nervous wreck.

Q: What did one candle say to the other?

A: "Don't birthdays burn you up?"

Q: Where do you find a birthday present for a cat?

A: In a cat-alogue!

Q: How many sociologists does it take to change a light bulb?

A: None, but it takes 15 to write a paper entitled "coping with darkness"

Q: Why could the pony not talk?

A: Because he was a little hoarse.

Q: What do you call a stolen yam?

A: A hot potato.

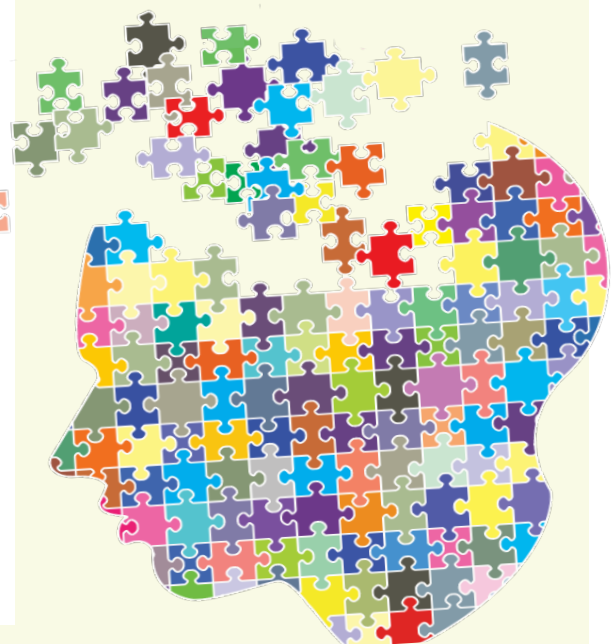
Q: What do you call two young married spiders?

Diet Joke

Kitchen Items

C	E	E	E	K	L	E	L	T	T	E	K	R	C
T	O	A	S	T	E	R	U	D	B	E	R	O	P
W	S	P	O	N	G	E	E	R	L	E	E	A	E
A	E	E	G	D	I	R	F	S	E	O	K	S	S
F	P	O	M	E	R	N	T	R	N	A	A	I	N
F	I	I	O	A	R	O	V	F	D	H	M	N	E
L	T	R	U	R	V	L	E	F	E	S	E	K	V
E	E	O	A	E	E	R	C	L	R	U	E	P	A
I	G	D	Y	R	E	L	T	U	C	R	F	D	W
R	I	O	R	E	E	O	V	E	N	B	F	E	O
O	E	S	S	S	E	S	S	A	L	G	O	E	R
N	D	I	S	H	W	A	S	H	E	R	C	S	C
E	P	L	A	T	E	S	V	F	O	E	B	A	I
P	H	F	D	E	E	P	F	R	Y	E	R	U	M

DISHWASHER
MICROWAVE
BLENDER
GLASSES
STOVE
COFFEE MAKER
MOP
DEEP FRYER
WAFFLE IRON
TOASTER
BRUSH
PLATES
SPONGE
KETTLE
RADIO
OVEN
FRIDGE
SINK
CUTLERY



WORD SEARCH