

Issue 4 | May 2021





Stage 1



Further relax the restrictions on public gatherings, opening all workplaces responsibly

& SHARE

Stage 2

Stage 3



Sudbury is now in Step 2 of the roadmap as of June 30, 2021 at 12:01 a.m. The province will remain at each step for at least 21 days.

2021 FEE ON US!

Membership

Empower Our Community

Sign Up

https://www.ilsm.ca



Thank You!

Volunteer **Anita Lafleur** has been a volunteer for 3 years. She assists in the kitchen, selling tickets and cleaning the centre. We appreciate the help she provides us!





If you need a little extra assistance, please remember that ILSM has food and clothing available. Just call the centre and let us know and we will do our very best to help!

MEMBERS AND VOLUNTEERS WANTED



Are you interested in helping an amazing charity? Are you looking to learn more about keeping yourself independent? Check out our website at https://www.ilsm.ca.



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ILSM SPECIAL PROGRAMMING

PEER SUPPORT



Weekly ILSM offers three types of virtual peer support programming so far. Tuesday's at 11:00 AM. join Angela Gray for some laughter medicine! Thursday at 1:00 PM join our trivials! Fridays at 1:00 PM join Rob DiMeglio!

In addition, while ILSM is closed to visitors we will be offering a weekly virtual Bingo via Google Meet* on Wednesday. Watch our Facebook page for the link to this event.



Self-Managed Attendant Services in Ontario

LOOKING FOR PARTICIPANTS

DIRECT FUNDING

Wanted: New Participants

Direct Funding is an innovative program enabling adults with physical disabilities to become employers of their own attendants. Attendants assist with routine activities of living, such as dressing, grooming, and bathing. As employers, participants are fully responsible for managing their own employees within a budget that is developed on an individual basis.

Different people have different needs. Direct Funding is intended as an option suited to people with physical disabilities who are willing and able to take on the extra management responsibilities (and possible risks) of the program.

Visit www.dfontario.ca or call and speak to Angela Gray our Direct Funding Coordinator today! 705-698-5440.

MANAGE YOUR OWN attendant services



Laughter is the Best Medicine!

Q: How many men does it take to change a toilet roll?

A: We don't know. Never happens.

Q: Why did the jelly baby go to school?

A: Because he wanted to be a smarty.

Q: What is the best thing to do if you find a gorilla in your bed?

A: Sleep somewhere else.

Q: What's the quietest place in the world?

A: The complaint department at the parachute packing plant

Q: What do you get when you drop a piano down a mine shaft?

A: A flat minor.

Q: What is green and smells?

A: Hulk's fart.

Patient: Doctor, I have a pain in my eye whenever I drink tea.

Doctor: Take the spoon out of the mug before you drink.

WordSearch

Ice Cream Flavors

O S T R A W B E R R Y H
T R R O C K Y R O A D
Y E K O P Y E K O H A P
S P O R E N E G D U F
R R T A A N A N A B E E
P G O Y R R N A C E P
O N R E E S E S Y A T S
D N E O P O L I T A N
C C H O C O L A T E A U
C O T T O N C A N D Y
I C O O K I E D O U G H
M O O S E T R A C K S
P L I A T R E G I T N R
O A T U N O C O C O A
T C A E T N E E R G E N
N O C V A N I L L A H
T U N L A W E L P A M R

VANILLA
CHOCOLATE
STRAWBERRY
MOOSE TRACKS
REESES
PECAN
FUDGE
COOKIE DOUGH
MAPLE WALNUT
COCONUT
COCTON CANDY
HOKEY POKEY
NEOPOLITAN
ROCKY ROAD
GREEN TEA
BANANA
TIGER TAIL





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National Accessibility Week

May 30 - June 5, 2021

RECAP

ILSM staff were very busy during National Accessibility week with the Boss away on holidays. We raised \$1385.00 which is more than enough to cover the cost for repairs to the door.

There are many videos to see which our staff created to highlight our programs. You can visit our website www.ilsm.ca or our Facebook site and you can learn more about the programs and services available at ILSM.









Save yourself from embarrassing, messy and disastrous spills with Mighty Mug, the mug that won't fall when knocked into, but lifts naturally when it's time to sip.

BUY MORE SAVE MORE



Keep your drink hot or cold for your commute and once you get there with our double insulated stainless-steel mug. On the go? No problem! Throw Mighty Mug in your bag and relax as it is completely leakproof.

Featuring an amazing 360-degree lid, easily sip from any spot on the mug. It's perfect for safe commuters who want to keep their eyes on the road and not on their drink. Just small enough to fit under your Keurig, Solo offers the best in single-serve travel mugs







Order yours Today! www.merchmart.ca

Meet The Team











Rob DiMeglio





Angela Gray Direct Funding





Robert Cloutier **Logistics Coordinator**





Kevin Yu IT Consultant



Maggie Mew Direct of Rodent Control





