

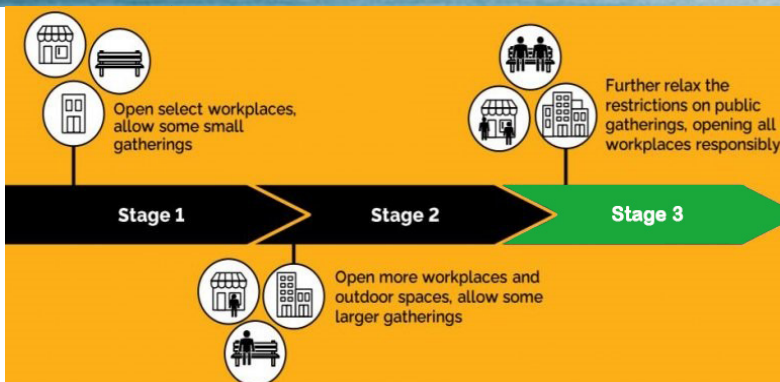
# EXAMINER

ILSM



**Sudbury is currently in Step Three of the Roadmap to Reopen!**

**Find out about the latest public health measures, advice and restrictions, please visit: <https://www.ontario.ca/page/reopening-ontario>**



**ILSM.ca**

2021 FEE ON US!

## Membership

**We want to hear from you!**

<https://www.ilsm.ca/survey>

As an important contributor to the organization, ILSM staff and board are excited to hear your perspective on their work right now, and your declarations of a future that they could begin to work toward!

*Thank you*

Volunteer *Amy Adair* has been with ILSM for over 2 years and is always willing to give a hand whenever we need it. Thank you, Amy, for your love and support!



### NEED FOOD/CLOTHES?



If you need a little extra assistance, please remember that ILSM has food and clothing available. Just call the centre and let us know and we will do our very best to help!

### MEMBERS AND VOLUNTEERS WANTED



Are you interested in helping an amazing charity? Are you looking to learn more about keeping yourself independent? Check out our website at <https://www.ilsm.ca>.



## ILSM SPECIAL PROGRAMMING

### PEER SUPPORT

Weekly ILSM offers three types of virtual peer support programming so far. Tuesday's at 11:00 AM. join Angela Gray for some laughter medicine! Thursday at 1:00 PM join our trivia! Fridays at 1:00 PM join Rob DiMeglio!



Self-Managed Attendant  
Services in Ontario

## LOOKING FOR PARTICIPANTS

### DIRECT FUNDING

#### Wanted: New Participants

Direct Funding is an innovative program enabling adults with physical disabilities to become employers of their own attendants. Attendants assist with routine activities of living, such as dressing, grooming, and bathing. As employers, participants are fully responsible for managing their own employees within a budget that is developed on an individual basis.

Different people have different needs. Direct Funding is intended as an option suited to people with physical disabilities who are willing and able to take on the extra management responsibilities (and possible risks) of the program.

Visit [www.dfontario.ca](http://www.dfontario.ca) or call and speak to Angela Gray our Direct Funding Coordinator today! 705-698-5440.

**MANAGE YOUR OWN**  
attendant services



While ILSM is closed to visitors we will be offering a weekly virtual Bingo via Google Meet® on Wednesday 2 PM. Watch our Facebook page for the link to this event.



## Feeds The Folks

ILSM staff are continuing with the weekly feed the folks event. There are so many homeless folks out there that need our help and we are doing our best to meet some of their needs. Members began this program in February 2020 and during the pandemic you asked us to continue. Well guess what? We did and are still heading out on Wednesdays with a nice hot meal for our homeless friends!



**BUY MORE  
SAVE MORE**

Save yourself from embarrassing, messy and disastrous spills with Mighty Mug, the mug that won't fall when knocked into, but lifts naturally when it's time to sip.

Keep your drink hot or cold for your commute and once you get there with our double insulated stainless-steel mug. On the go? No problem! Throw Mighty Mug in your bag and relax as it is completely leakproof.

Featuring an amazing 360-degree lid, easily sip from any spot on the mug. It's perfect for safe commuters who want to keep their eyes on the road and not on their drink. Just small enough to fit under your Keurig, Solo offers the best in single-serve travel mugs

Order yours Today! [www.merchmart.ca](http://www.merchmart.ca)

## Meet The Team



ILSM Official



ILSM Facebook



*Rob DiMeglio*  
Executive Director



*Angela Gray*  
Direct Funding Coordinator



*Robert Cloutier*  
Logistics Coordinator



*Kevin Yu*  
IT Consultant



*Maggie Mew*  
Direct of Rodent Control



Two Muffins were baking in an oven. One muffin turns to the other and says, it's hot in here!  
The other muffin says... AHHH! A talking muffin!"

Q: Why was the Energizer Bunny arrested?

A: He was charged with battery.

Q: What's black and white and red all over?

A: Penguin with a diaper rash!!

Q: How do you prevent a Summer cold?

A: Catch it in the Winter!

Q: How is a hospital gown like insurance?

A: You're never covered as much as you think you are.

Q: Why are potatoes good detectives?

A: Because they keep their eyes peeled.

Q: Why was the belt arrested?

A: For holding up the pants!

Q: When is it dangerous to play cards?

A: When the joker is wild!

Q: What does the Invisible Man drink at snack time?

A: Evaporated milk.

Q: What kind of nut has no shell?

A: A doughnut.

Q: What's brown and sticky?

A: A stick.

This guy went to the doctor because he was having a terrible problem with bad breath. He told the doctor he had tried 10 different toothpastes, mouthwashes, breath mints, the works, but he just can't get rid of this bad breath. After extensive testing the doctor came into the examining room and said, "I think I've found your problem. You're either going to have to quit biting your fingernails, or quit scratching your butt!"

HAHAHA

